- 1.) Go to www.tlhpsychiatry.com
- 2.) Click on Providers at the top of the page
- 3.) Click on your Provider's name or photo
- 4.) Select the blue hyperlink that starts with the words "CLICK HERE" and the VSee Clinic page will open
- 5.) Select "Enter Waiting Room" in green
- 6.) You may proceed as guest or set up an account

-if you set up an account you will receive an email to "Activate your Psychiatry Associates of Tallahassee account" with a link that is good for 24 hours and a verification code.

-if you proceed as guest, you will not get the above mentioned email and will enter your name in the pop up boxes where indicated

7.) First time users will click to download the HIPAA compliant VSee.

-If using a smartphone it will offer the option to download the HIPAA compliant app

- -If using a laptop/desktop computer will download the HIPAA compliant software
- -If using a desktop computer you will need a webcam
- 8.) Pop up asking "What is your health concern today?" will appear.
- 9.) Enter either "follow up appt" or "New Patient" (whichever applies to you)

10.) Check the box to "Consent to participate in a Telemedicine Consultation" then click Continue

11.) Skip the "Verify and update the following information page"

12.) You will be placed in a Virtual Waiting Room and should see a video of yourselfremember to allow camera and microphone access

13.) Provider will eventually appear on the screen to begin the appointment.

*Please note: if a room code is required, check your provider's webpage for their specific code to enter the correct waiting room.